

Parkinson Association of Alabama, Inc.

Your State Resource on Parkinson's Disease

August Webinar

The Importance of Participating in Clinical Trials

Dr. Yacoubian will talk about the “what, when, where, how, and whys” of clinical trials in Parkinson's disease. She will discuss different types of clinical trials and reasons to consider participating in trials. She will also talk about current trials in progress at UAB, with a discussion of the large longitudinal NIH-funded study evaluating the role of inflammation in Parkinson's disease.

**Thursday, August 26, 2021
10:00 AM (CDT)**

We hope you will join us by clicking the link below:

[Dr. Talene Yacoubian: The Importance of Participating in Clinical Trials. | PAA \(parkinsonalabama.com\)](#)

Speaker: Talene Yacoubian, MD, MDS, PHD
Neurology Clinic - The Kirklin Clinic of UAB Hospital



**PLEASE DON'T WAIT UNTIL THE LAST MINUTE TO REGISTER
FOR THIS AMAZING WEBINAR!!!**

The PAA wants to thank Amneal Pharmaceuticals for their sponsorship.



We make healthy possible.

CARE

Learn to care for yourself or your loved one using our resources.

COMMUNITY

Connect with others in the Parkinson's community and find your support network.

CURE

See how PAA is partnering with UAB through grants and research for a cure.

IN THE AUGUST ISSUE

WEBINARS

- PAA August Webinar—August 26th

PARKINSON'S AROUND ALABAMA

- PAA First Place Winner of Birdies for Charity!
- Support Groups now meeting in-person
- AAN Annual Conference – Aug 21, 2021
- PAA License Plates for Sale-Your reservation is needed NOW!
- Baron's Fundraiser Event – August 15th – Purchase Tickets by 8/3/21
- UAB Udall Study-Still Recruiting
- Tanner Foundation – Tee Off Fore Tanner Fundraiser 9/9/21
- Team Rowland Fundraiser 10/2/21

FOR SALE & DONATIONS

- Exercise Equipment
- Motorized Wheelchairs
- Walkers

FOCUS ON PD

- Question: Tremor Dominant PD

HELPFUL (VIRTUAL) RESOURCES

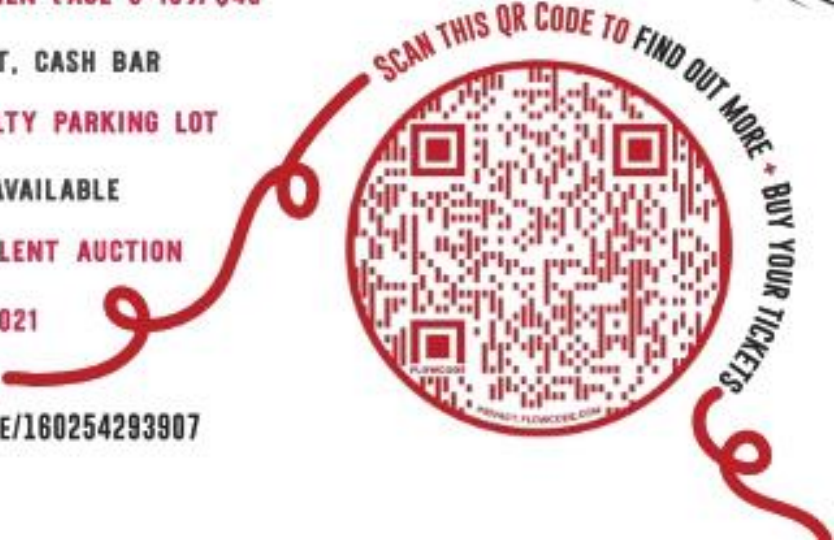
- PD Helpmates Support Group (Virtual)
- M4A Caregiver Support Group (Virtual)



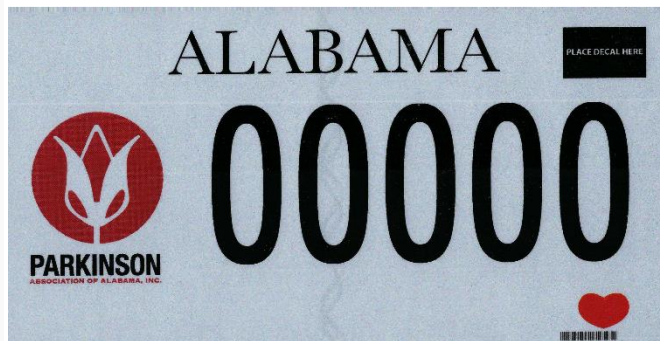
Join us! A FUN FILLED DAY OF BASEBALL & SUPPORTING PARKINSON'S RESEARCH WITH THE BIRMINGHAM BARONS



- ⓪ SUNDAY, AUGUST 15TH @ 3:30PM
DIAMOND DIRECT BALLROOM AND PATIO
- ⓪ TICKETS: ADULTS/\$60 CHILDREN (AGE 9-16)/\$45
CHILDREN (AGE 3-8)/\$30
INCLUDES FOOD, GAME TICKET, CASH BAR
- ⓪ PARKING AT CORPORATE REALTY PARKING LOT
60 14TH STREET SOUTH
SHUTTLE SERVICE WILL BE AVAILABLE
- ⓪ VISIT FROM BABE RUFF / SILENT AUCTION
- ⓪ REGISTER BY AUGUST 3RD, 2021
- ⓪ TO PURCHASE YOUR TICKETS, VISIT:
[HTTPS://WWW.EVENTBRITE.COM/E/160254293907](https://www.eventbrite.com/e/160254293907)



Please **Reserve** your pre-commitment for the "**FIGHTING PARKINSON'S DISEASE**" Car Tag **TODAY!**



PAA will receive \$41.25 for every **Fighting Parkinson's Disease** license plate purchased and these funds will be used to further the PAA's mission of improving the quality of life for patients, caregivers, and their families affected by Parkinson's Disease in the state of Alabama.

If you wish to purchase a pre-commitment for the distinctive license plate, please visit <https://precommit.mvtrip.alabama.gov/UserCommit/Index> and complete the following steps:

- Select the tab **4/1/2021 to 3/31/2022**.
- Scroll down to **Fighting Parkinson's Disease**
- Select **Request Plate**
- Select and complete the **Commitment To Purchase Application**
- **Pay the \$50 fee**. (Please note that you will continue to use your current, valid Alabama license plate during the pre-commitment period.)

You will need your existing tag number, VIN and Driver's License number available to complete your application.

It is necessary to receive a minimum pre-commitment of 250 tags within the twelve-month period for the Fighting Parkinson's Disease license plate to be made available in Alabama. If sufficient commitments are not met, your \$50 application fee will be refunded to PAA and we will return it to you.

Baron's Ticket Sales--REMINDER!

Please help the Parkinson Association of Alabama (PAA) raise money for Parkinson's Disease and **purchase your tickets to our "Step Up to the Plate" event by August 3, 2021.**

You may order your tickets from the PAA's website homepage at Parkinson Community | Parkinson Association of Alabama | Birmingham (www.parkinsonalabama.com).

The segment link to our PAA interview with WBRC promoting our event is below.

<https://www.wbrc.com/video/2021/07/27/step-up-plate-parkinson/>

Join us on Sunday, August 15, for a fun filled day of baseball and supporting Parkinson's Research with the Birmingham Barons.

THANK YOU, SPONSORS!!!

WE SINCERELY WISH TO THANK ALL OF THE SPONSORS FOR THEIR GENEROUS SUPPORT OF THE BARON'S EVENT! They are:



Acadia; Adamas; Alabama Neurology Associates; ARC Realty; BHK Investment Advisors; Renee & Mike Booker; Stacy & Brian Corbett; Corporate Realty; EBSCO Industries; Great American Cookies; Greystone Golf & Country Club; Elizabeth K Hubbard Fine Art; Juarez Boxing; Alice Major; Maridan Corporation; McWane Foundation; MW/Davis, Dumas & Associates; O'Neal Industries; Yvonne Pope; Pursell Farms; Regions Bank; Stacy and Mike Rowland; Team Rowland; Russell Lands on Lake Martin; Servis 1st Bank; The Stetler Family; Carol & Rusty Stewart; Tanner Foundation; Ilene & Allan Wilensky; Sherry & Lloyd Wilson; and Wishes Travel.

Annual Conference



Alabama
Academy of Neurology
Annual Conference



August 21, 2021
Grand Bohemian Hotel, Mountain Brook

August 21, 2021
Grand Bohemian Hotel Mountain Brook, Autograph Collection
2655 Lane Park Rd
Birmingham, AL 35223

[Agenda](#)
[Register Online](#)
[Print a Registration Form](#)
Accommodations

Make hotel reservations at the Grand Bohemian [online](#).
The room block rate is \$249 per night and will expire on July 21.

Conference Agenda

SATURDAY, AUG. 21

7:30 a.m. – 8:15 a.m.

Breakfast with Exhibitors 8:00 a.m.

Welcome

Amit Arora, MD, President, AAN

8:15 a.m. – 9:15 a.m.

Neurologic Complications of COVID-19

Shruti Agnihotri, MD, Associate Professor, Department of Neurology, University of Alabama at Birmingham

9:15 a.m. – 10:00 a.m.

Diagnosis of Peripheral Neuropathies

Rocio Vasquez Do Campo, MD, Assistant Professor, Department of Neurology, University of Alabama at Birmingham

10:00 a.m. – 10:30 a.m.

**Morning Break with Exhibitors/
Poster Viewing**

1:15 p.m. – 2:00 p.m.

10:30 a.m. – 11:15 a.m.

Status Update - What's New in the Management of Status Epilepticus

Wolfgang Mulhofer, MD, Assistant Professor, Department of Neurology, University of Alabama at Birmingham

11:15 a.m. - 11:45 a.m.

Legislative Update

Niko Corley, Director of Legislative and Public Affairs, Medical Association of the State of Alabama

11:45 a.m. – 12:45 p.m.

Lunch/Poster Viewing 12:45 p.m. – 1:15 p.m.

Telemedicine in Acute Stroke Care

Michael J. Lyerly, MD, Associate Professor, Department of Neurology, UAB, Birmingham VAMC

1:15 p.m. – 2:00 p.m.

Case Studies in Movement Disorders

Victor Sung, MD, Associate Professor, Department of Neurology, University of Alabama at Birmingham; Marissa Dean, MD, Assistant Professor, Department of Neurology, University of Alabama at Birmingham

2:00 p.m. – 2:45 p.m.

Complexity of Multiple Sclerosis Disease Modifying Therapy in the Current Era

Khurram Bashir, MD, MPH, Professor, Department of Neurology, University of Alabama at Birmingham

2:45 p.m.

Evaluation and Adjourn

The PAA is this year's **first place winner** of Birdies for Charity!

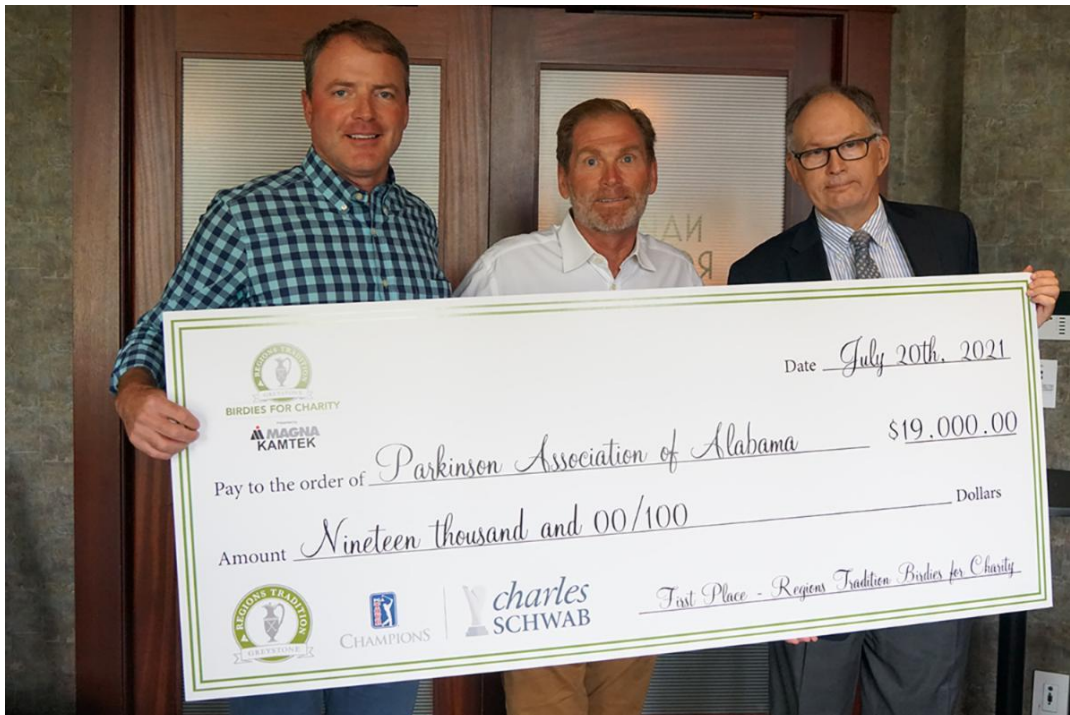


**TOURNAMENT RAISES \$1,067,435
FOR LOCAL CHARITIES**

2021 TOP FIVE BIRDIES FOR CHARITY RECIPIENTS

Parkinson Association of Alabama - 1st Place

- 19% match and winner of \$19,000
- Pictured from left to right: George Shaw (Tournament Director, Regions Tradition), **Brian Corbett** (Parkinson Association of Alabama, Board Member), Bill Miller (Program Manager, Birdies for Charity).



Birdies for Charity continued...

Magic Moments - 2nd Place -- 18% match and winner of \$18,000

Fly Right Inc. - 3rd Place -- 17% match and winner of \$17,000

On River Time - 4th Place (tie) -- 16% match and winner of \$16,000

United Ability - 4th Place (tie) -- 16% match and winner of \$16,000

During the winner's luncheon attended by PAA Board Members **Brian Corbett and Michael S. Fitts**, the Regions Tradition announced that the tournament's Birdies for Charity program has raised \$967,435 for local charities in 2021. Coupled with \$100,000 in matching funds contributed by Regions and Magna Kamtek, the cumulative total for this year's program is \$1,067,435. The major championship, which is held at Greystone Golf & Country Club, recruited 49 charities throughout the Birmingham community.

Thank You Birdies!



If you missed this great interview, please watch PAA
“Step Up to the Plate” with Baron’s Baseball and
CBS 42 (WIAT)



THANK YOU, MIMI WARNOCK

<https://www.cbs42.com/news/local/step-up-to-the-plate-for-parkinsons/>



2021 TEAM ROWLAND ROAD SERIES



**OCTOBER 2ND,
2021**

**OAK MOUNTAIN
STATE PARK**

**5 MILE, 10 MILE, 15 MILE, 30 MILE, OR
CHOOSE YOUR OWN VIRTUAL RIDE.**

**JOIN TEAM ROWLAND IN OUR PURSUIT
TO END PARKINSON'S DISEASE**



INFORMATION

**BENEFITTING THE MICHEL J. FOX
FOUNDATION FOR PARKINSON'S
RESEARCH AND THE PARKINSON
ASSOCIATION OF ALABAMA**



REGISTER

for more information: teamrowland.org



Tee Off Fore Tanner

September 9, 2021

5:00 to 8:00 PM

@ Topgolf

1111 24th St. N, Birmingham, AL 35234

AGENDA

- | | |
|-----------|--|
| 4:30 | Setup for sponsors and vendors (PAA will have an Exhibit table) |
| 5:00 | Registration for participants begins |
| 5:00-8:00 | Golf, Hole in one opportunity, Long drive |
| 5:30 | Welcome
Mary T. Miller, Executive Director,
Tanner Foundation |
| 5:45 | Dinner |
| 8:00 | Event Ends |

If you would like to Exhibit or have further questions, please contact the Executive Director, Mary T. Miller at marytmiller@tannerfoundation.org.

PAA Support Groups Now Meeting IN-PERSON

(If you don't see a Support Group listed, it means they aren't meeting yet.)

Birmingham Men's Group (new date)

2nd Tuesdays at 11:45
Diplomat Deli
1425 Montgomery Hwy
Park South Plaza Shopping Center
Vestavia, AL 35216
Facilitator: John Bennett
(205) 937-5333
jbennett4992@charter.net

Birmingham (Encore Respite)

Every Thursday at 10:00
Canterbury United Methodist Church,
Room 226
350 Overbrook Rd
Birmingham, AL 35213
Facilitator: Valerie Boyd
(205) 874-1523
Valerie.boyd@canterburyumc.org

Birmingham (Greystone YMCA)

2nd Tuesday at 1:30
5414 Hwy 280
Birmingham, AL 35242
Facilitator: Andrea Pindroh
(205) 981-0144
apindroh@ymcabham.org

Fort Payne

2nd Thursday at 1:00
DeKalb County Council on Aging
600 Tyler Ave SE
Fort Payne, AL 35967
Facilitator: Chelsea Williams, PTA
(256) 997-2460
Chelsea.Williams@quorumhealth.com

Gadsden

2nd Wednesday at 1:00
First Baptist Church of Gadsden
Family Life Center (6th & Walnut)
235 South Fifth St
Gadsden, AL 35901
Facilitator: Judi Drew
(205) 919-6992
Parkinsonsgroup.gadsden@gmail.com

Guntersville

(Marshall County Caregivers Support Group)
1st Tuesday of each month at 10:00
Guntersville First United Methodist Church Youth Center
539 Gunter Avenue
Guntersville, AL 35976
Facilitator: Lula Dobbs
(256) 582-2001 (ext. 244)
lula.dobbs@gfumc.net

Huntsville

2nd Sunday from 1:30-3:00 PM
Friendship Baptist Church
3217 Village Drive SW
Huntsville, AL 35805
Facilitator: Karen Hislop
(256) 509-4398
karen@therapy-a.com

Mobile

4th Thursday at 12:00
Saad's Health Care
1515 University Blvd South
Mobile, AL
Facilitator: Chris Addison
(601) 447-1717
chris.addison@saadhealthcare.com

Sylacauga/Central AL SG

2nd & 4th Monday at 10:00
First Baptist Church
10 South Broadway Ave.
Sylacauga, AL 35150
(256) 245-6739
Carolyn Goza - carolyntgoza@gmail.com
Steve Sain - Steve.Sain@saineng.com

QUESTION FOR OUR PAA AUDIENCE

If anyone has information/experience with MR-guided Focused Ultrasound Treatment or Neuravive for patients with Tremor Dominant PD or Essential Tremors, please let Deb know. One of PAA's caregivers has asked about this treatment and we would like to get your feedback.

- FDA Approval for The Exablate Neuro is quoted as: Intended for use in the unilateral Thalamotomy treatment of idiopathic Essential Tremor patients with medication-refractory tremor. Patients must be at least age 22. The designated area in the brain responsible for the movement disorder symptoms (ventralis intermedius) must be identified and accessible for targeted thermal ablation by the Exablate device.
- Neuravive is an incisionless treatment for essential tremor patients who have not responded to medications. The treatment is performed in an MRI suite, often on an outpatient basis.

If you have reliable information, please email Deb at pdnavigator@pdlink.org or call 833-473-5465.

M4A Caregiver Support (August 12, 2021)

M4A's Virtual Support Group

CAREGIVER SUPPORT IN YOUR HOME

SECOND THURSDAY OF EACH
MONTH
12:00 PM
ZOOM MEETING

Meeting ID: 849 7857 9212
Passcode: 068809

HelpMates (Zoom)

A **virtual support group** for wives and companions of a PD loved one meets via Zoom the **second Tuesday of each month at 6 p.m.** This is an open group to talk about things happening and to provide information, ideas, and support to each other.

To Join Zoom Meeting:

[https://us02web.zoom.us/j/2058354074?pwd=](https://us02web.zoom.us/j/2058354074?pwd=TG9hTzZM3aDJGbDBHd3FXNIMzMWI0Zz09)
[TG9hTzZM3aDJGbDBHd3FXNIMzMWI0Zz09](https://us02web.zoom.us/j/2058354074?pwd=TG9hTzZM3aDJGbDBHd3FXNIMzMWI0Zz09)
Meeting ID: 205 835 4074 Passcode:
[2058354074](https://us02web.zoom.us/j/2058354074?pwd=TG9hTzZM3aDJGbDBHd3FXNIMzMWI0Zz09)

Passcode: 2058354074

For more information email:
Vevelyn Peterson Wilson at
vevelyn.wilson@yahoo.com

UAB - UDALL PD STUDY (Still Recruiting)

The **University of Alabama at Birmingham**
Department of Neurology/Movement Disorders

Healthy controls needed for research study looking at Parkinson's neuroinflammation.

Who are we looking for?

- **Individuals** 50 years and older (particularly spouses, partners, or other family members of someone with PD)
- Individuals with no history of autoimmune conditions or neurological disorders
 - You will receive up to **\$175** for completion of all study activities

If interested, please call 205-934-5954.

FOR SALE & DONATIONS

Dr. Mac Stinson is donating the below Theracycle. He can be reached at cellphone 205-936-7015 or by email: alabamadoc@charter.net

You can find out more about the Theracycle at www.theracycle.com



Belinda would like to donate a brand new **Quantum Edge** motorized wheelchair. It must be picked up in the Springville area. Please call Deb Baragona (205) 245-3007 for more information.



Steve would also like to donate **Walkers**.
For more information, please contact Steve at (205) 516-0804



Patsy has a practically new **Theracycle** for Sale (\$1,000)
This is your Last Chance!



For more information, please
contact:

Patsy Bateman
2638 Coleman Road
Anniston, AL 36207
email: aptbate60@bellsouth.net
phone: 256-282-4114