

# Program Agenda

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| <b>10:00 a.m. - 10:10 a.m. CT</b> | <b>Welcome</b><br>Annie Long, Parkinson's Foundation                                               |
| <b>10:10 a.m. - 10:45 a.m. CT</b> | <b>Managing Changing Symptoms</b><br>Marissa Dean, MD, University of Alabama at Birmingham         |
| <b>10:45 a.m. - 10:55 a.m. CT</b> | <b>Fitness Demonstration</b><br>Martin Juarez, PD Fight Club, Juarez Boxing                        |
| <b>10:55 a.m. - 11:30 a.m. CT</b> | <b>Exercise and Parkinson's Disease</b><br>Amy Amara, MD, PhD, University of Alabama at Birmingham |
| <b>11:30 a.m. - 11:55 a.m. CT</b> | <b>Question &amp; Answer Session</b>                                                               |
| <b>11:55 a.m. - 12:00 p.m. CT</b> | <b>Closing Remarks</b><br>Stacey Faber, Parkinson's Foundation                                     |